



The Shakespeare Hospice

MOONLIT WALK 2010

IT'S BACK!

Last year's sell-out event raised £35k towards patient care at the Hospice. This year we've got more places available, which means there's even more fun to be had and we want YOU to be part of it.

The Moonlit Walk 2010 is a women only event with a 'Girls Night Out' theme, so if you want to jazz up your t-shirts or wear funky hats etc, please do! This is a chance to get together with friends, family and colleagues for a great night out. Supporters are more than welcome on the night, especially if they want to volunteer! We need men! Boyfriends, husbands, brothers, fathers, sons etc can help by being marshals (please ensure under 16's are accompanied by an adult.)

Email events@theshakespearehospice.org.uk or call 01789 266852 for further information.

THE SHAKESPEARE HOSPICE

The Shakespeare Hospice, based in Shotton, provides compassionate and professional care for members of our community whose lives are touched by serious illness. We offer comfort, information and choice to our patients and those who care for them, helping people through some of the most challenging times of their life.

The Shakespeare Hospice does not charge for its services and is almost entirely voluntarily funded, receiving less than 5% of its running costs from the NHS. Any support the Hospice receives from the public is therefore greatly appreciated. We are very grateful for the support of those who kindly choose to raise money to fund our work.

REGISTRATION

We are pleased to offer online registration this year. If you are able to register online please do so as this has cost savings for the Hospice. Register at www.theshakespearehospice.org.uk or by filling in a paper registration form and sending it to the Hospice with payment by cheque to The Shakespeare Hospice (see address below).

WALKER INFORMATION

Date: Saturday 5 June 2010

Times: Sign-in registration will be 8-9pm (we hope to have entertainment during this time); the walk starts promptly at 10pm. Everyone should be back within 3 hours - the route will be closed at 1am and the High School will close at 1.30am.

Venue: Stratford High School – this is a larger venue than last year.

Distance: 10km; we have taken all reasonable steps to sign and marshal the route but please be aware that we are using public highways and all walkers should keep to the footpaths and exercise due care and attention at all times.

Fee: Registration is £15 per walker to include t-shirt, fluorescent bracelet, bottle of water, certificate, medal and finish breakfast (please specify if you require vegetarian option). We therefore ask you to raise sponsorship that will come directly to The Shakespeare Hospice and help us to provide hands on, specialist care to local families.

What you need: Please bring a torch. Most of the route is very well lit but there is a small area where you may feel more comfortable with your own light. Please be prepared for all weather and wear sensible footwear – no high heels!

Toilets: available at start/finish – Stratford High School, and on route.

Car Parking: We are happy to be able to use Morrisons car park, as well as Stratford College. There is no parking at the High School as we are using this space. Please note parking is at your own risk.

T-shirts: 02.06.2010 - Please note that t-shirts are no longer available for collection from the Hospice but will be available for collection on the night at the High School.

Finishing: Please ensure you sign back in at the end of the walk so that we know you are back safely and can give you your breakfast pass.

RAISING SPONSORSHIP

The registration fee covers the cost of the event and depending on the number of participants will make a small contribution to The Shakespeare Hospice. We do ask that every participant tries to raise sponsorship. If you raise sponsorship as a team remember to include all members names when the money is sent in.

We supply sponsor forms but please think about setting up your own Virgin Money Giving page too, at www.virginmoneygiving.com to email around to potential supporters. You could also ask your workplace if they would match the money you raise. To make your sponsorship worth 25% more ask your supporters to Gift Aid their donations. Please send in all monies by Monday 5 July 2010.

RULES AND CONDITIONS

- Entry to the Moonlit Walk 2010 on Saturday 5 June is by submission of our completed registration form with accompanying fee of £15 either online or by post and acceptance of the rules and conditions herein. A successful application is for the named walker **only** and is non-refundable and non-transferable.
- Entrants under 16 must be accompanied by an adult.
- Closing date for registration is Monday 31 May 2010.
- Walkers must arrive between 8pm and 9pm to register so the Moonlit Walk 2010 can start promptly at 10pm.
- Walkers should be sure they are medically fit to enter and if in any doubt should consult their medical practitioner. The Shakespeare Hospice accepts no responsibility for a walker's medical condition or ability to complete the 10km walk. Walkers are required to disclose on the registration form any disability or condition they feel the organiser should be made aware of.
- Walkers are required to complete the I.C.E. (In Case of Emergency) details on the registration form.
- UNDER NO CIRCUMSTANCES WILL WALKERS BE ALLOWED TO ENTER THE EVENT UNDER THE INFLUENCE OF ALCOHOL.
- No walkers should pass the lead walker who will be setting the pace.
- People using the designated parking areas do so at their own risk. No liability will be accepted by The Shakespeare Hospice for any damage caused or incident in or around these parking areas. For your own protection you are reminded to ensure your vehicle is securely locked and that no valuable items are left on view.
- In the unlikely event the Moonlit Walk 2010 is unavoidably cancelled and The Shakespeare Hospice is not able to reschedule, your registration fee will be non-refundable and treated as a donation to The Shakespeare Hospice.
- The Shakespeare Hospice accepts no liability for any loss or damage to any of your personal items.
- If you are taking part with a group of people please take care to ensure lone walkers are included in your group. This is not only in the interests of health and safety, but also supports the spirit of the whole event.
- If you feel unable to complete the Moonlit Walk 2010 at any time please let one of the marshals on the route know and we will arrange for you to be taken back to the start/finish.